

RESOURCES

FOR POST-ABORTION RECOVERY

□ FIND HELP AND SUPPORT □

Abortion Recovery InterNational (ARIN)

Web: abortionrecovery.org

Phone: (866) 469-7326

A network of ministries that provides information and counseling for those suffering after abortion. Their website helps locate post-abortion ministries both in the United States and internationally. ARIN finds help for men, family members, medical personnel, and those in prison who have been affected by abortion.

International Helpline for Abortion Recovery

Web: internationalhelpline.org

Phone: 1-866-482-LIFE (1-866-482-5433)

24 / 7 confidential care helpline for women, men, and families struggling after abortion. Calls are answered by trained phone consultants who have themselves experienced abortion and want to help others find healing. They can help you find the support group nearest you. A directory of local support groups, searchable by zip code, is available on the organization's website.

□ GET THE FACTS □

After Abortion (Elliot Institute)

afterabortion.org

□ READ □

“Healing the Hurt” by Focus on the Family

[media.focusonthefamily.com/
heartlink/pdf/healingthehurt.pdf](http://media.focusonthefamily.com/heartlink/pdf/healingthehurt.pdf)